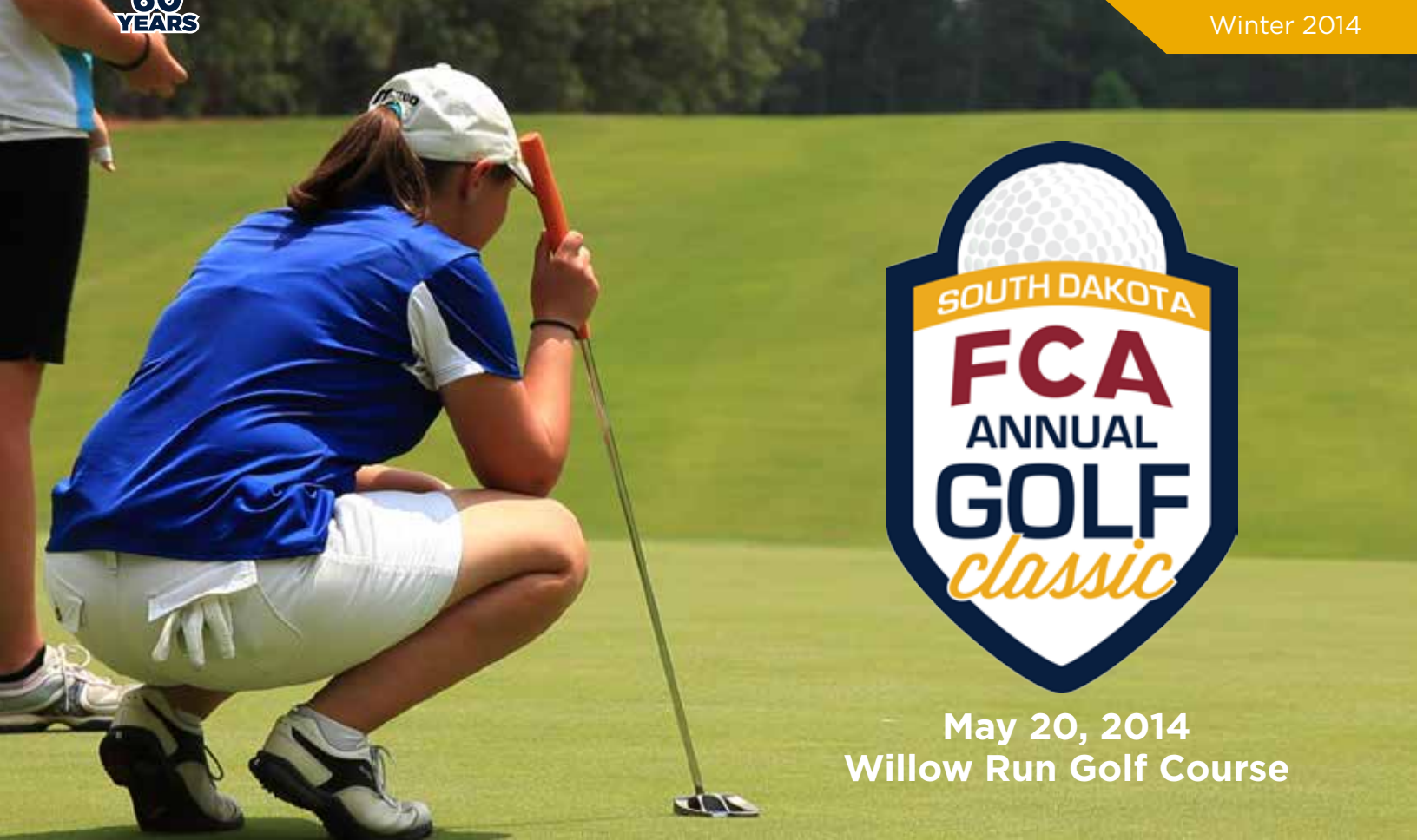




SOUTH DAKOTA FELLOWSHIP OF CHRISTIAN ATHLETES

Winter 2014



May 20, 2014
Willow Run Golf Course

Our **FCA Annual Golf Classic** will take place at Willow Run Golf Course on Tuesday, May 20th. This year, we are expecting nearly 150 men and women to participate in a fun filled afternoon of golf and fellowship. If you'd like to join us, team registration is \$2000 for a four person team. We also have various sponsorship opportunities available. For registration and sponsorship information, please visit our website southdakotafca.org or contact Nik Aamlid naamlid@fca.org. We look forward to a great day with you!

SouthDakotaFCA.org

 [Facebook.com/SDFCA](https://www.facebook.com/SDFCA)

 [@SouthDakotaFCA](https://twitter.com/SouthDakotaFCA)

South Dakota Fellowship of Christian Athletes
1601 E 69th Street Suite 301
Sioux Falls, SD 57108



“The question often asked, is FCA as needed or relevant today as it was back then, and I would say more so. FCA is God’s amazing, miraculous dream being fulfilled still to this day.” **Don McClanen, FCA Founder**

Here at FCA we strive to challenge both athletes and coaches to use the unique and powerful arena of athletics to impact the world for Jesus Christ. It’s only He who is truly able to transform hearts, renew minds, and change lives. Sports simply provide a place, a means, an avenue into the lives of coaches and athletes and set a stage where observers can witness His power. I’ve recently finished Joe Ehrmann’s book *InSideOut Coaching: How Sports Can Transform Lives* and would like to share his position that while, through sports, young people’s lives can be transformed, in order for this to happen for the better, coaches must understand the importance of building character in their athletes and must be purposeful in their coaching efforts.



Keith Moore
State Director

Coach Ehrmann makes a strong case. He explains well why coaches must be guided by coaching philosophies grounded in the reality that youth, in particular, are longing for a place to belong, to feel needed, to be valued as an individual. They are looking for someone to believe in them and validate their inherent worth and potential. They need and want a community that is built on sound principles, one that provides structure and safeguards as they move towards adulthood, and they are looking for a belief system that provides meaning and purpose in their lives. Coaches who make a meaningful impact connect with student athletes not on a transactional level alone—“You do this for me; I’ll do that for you, all for a win,” but on another level, coaches who make a meaningful impact address the hearts and minds of their athletes. As coaches, Coach Ehrmann recommends looking back and developing narratives, to the best of our ability, that consider our own sports lives and histories, incorporating what shaped us for the better and what likely shaped us for the worse. By remembering and understanding our own sports stories, we are better able to identify and address the social, emotional, and psychological issues that youngsters, as we once were, still face today. We are then better able to put ourselves in their shoes in order to coach for them. We must care for our athletes and accept that our words and actions have tremendous impact on their hearts and minds, and we must put our players’ developmental needs above our own, in order to be transformational, rather than transactional, coaches.

Unfortunately, in our sporting culture today, we see less and less emphasis placed on character development, integrity, and the nurturing of our young people’s lives. Instead of being about the players, it’s too often about the score. Instead of being about the journey, it’s too often about the final record or the college scholarship. Instead of being about what kids can become, it’s about what they can do, what they can do now. We need to turn it around. Sports, at its core, should be fun and enjoyed, regardless of the score. It’s a gift to play, a privilege to coach. Let us be true sports fans again, having fun, building up the character of our young people, and fostering an enjoyable sense of community. I highly recommend Mr. Ehrmann’s book for a fresh perspective on coaching and what sports could and should be today, rather than what it has become. Through sports, we can tear down, or we can build up. Let’s build up.

FCA understands that the medium of athletics provides a direct and powerful way to address the important needs of student athletes. We seek to help coaches do this in a way that leads to Life, true Life.

A handwritten signature in black ink that reads "Keith Moore". The signature is fluid and cursive.

“I can do all things through Him who strengthens me.” **Philippians 4:13**

“There is a way that seems right to a man, but its end is the way to death.” **Proverbs 14:12**

“Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.” **John 14:6**

RAISING CHAMPIONS

Raising CHAMPIONS

COMMUNITY EVENT

Fri, March 28 • 7:00-8:30pm

Free will donation. Open to public of all ages!

COACH'S CLINIC

Sat, March 29 • 8:30am-Noon

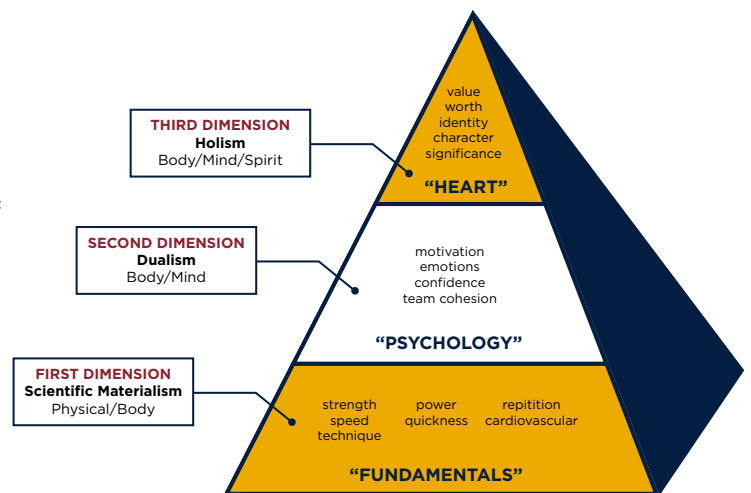
\$20/person. Register at SouthDakotaFCA.org.

Our 2nd Annual Raising Champions Community Event and Coach's Clinic will take place March 28-29 at Gloria Dei Lutheran Church in Sioux Falls. This year, we will feature FCA's revolutionary coaching curriculum on 3Dimensional Coaching. We are also partnering with the University of Sioux Falls to offer graduate credit to coaches and teachers who desire to further their education and become a 3Dimensional Coach.

Being a 3Dimensional Coach means that you are:

- fundamentally sound
- skilled at coaching the mind/motivation of the athlete
- focused on capturing and developing the heart of the player

A 3Dimensional Coach realizes the power of the coaching platform to inspire, motivate, and produce positive change in his or her sphere of influence. He/she is acutely mindful of the moral, social, emotional, psychological, and spiritual needs of his/her athletes.



The FCA Coaches Academy is a three course training curriculum designed to help coaches become transformational in the lives of their players by learning to coach in all three dimensions from a faith-based perspective.

3D DIMENSIONAL COACHING



Dr. Jeff Duke is the foremost expert regarding the cultural influence in the coaching profession on society's mores. He has developed and authored the "3Dimensional Coaching" concept that has revolutionized the sport coaching landscape. Dr. Duke has coached five sports including: football, basketball, track and field, cross-country and tennis, and directly supervised over 200 coaches in seventeen different sports. His coaching experience encompasses the youth level through the professional ranks, coupled with a multi-year stint with the legendary football coach, Bobby Bowden.

EVENTS



HONOR ATHLETE LUNCHEON

April 16, 2014

Elmen Center, Augustana College

This event highlights the achievements of local high school and college athletes who exemplify athletic, academic and leadership qualities. Each year, we honor one male and female athlete from all of the Sioux Falls area high schools along with Augustana College, University of Sioux Falls, University of South Dakota and South Dakota State University. For table sponsorship opportunities, please contact Nik Aamlid at naamlid@fca.org or call **605.335.7555**.

FCA SPORTS CAMP

June 24-28, 2014

Spearfish, SD

FCA Sports Camp takes place at Black Hills State University each summer. Over 240 student athletes attend from South Dakota and area states. They participate in basketball, football, volleyball, cross country, track and field, golf, tennis, soccer and swimming. For more information, please visit SouthDakotaFCA.org or FCACamps.org.

HUDDLE UPDATE

Mission Trip To Haiti

In May, Doug Adams will be leading a group of 15 students and advisors from USD and Mt. Marty on a weeklong mission trip in Caiman, Haiti. While there, the student athletes will be conducting sport camps, working in their areas of study, doing physical labor and studying God's word with Haitian's throughout the area. Our goal is to glorify God in everything that is said and done during our trip. Please pray that God will bless this trip and that God will be honored.

USD Coyotes

"FCA at USD has changed my love for God completely. I have always been a Christian but I had never been a true follower of Christ. I said my prayers at night and went to church occasionally but never dove into His Word to study how God wanted me to live my life. I used to think of reading the bible as a chore and now I can't put it down. FCA has changed my life in such an amazing direction and I'm very excited to see what God has planned for me."

Lauren Bennett, USD Soccer



EVENTS



FCA **CAMP** STEWARD

For athletes who desire to reach their peak potential in life.

June 3-July 29, 2014

Every Tuesday & Thursday from 7:30-9am or 9-10:30am
USF Sports Complex
For High School Students

Every minute, every exercise, every topic we cover has a specific purpose; to equip you to become a better steward of your gifts. We'll help you develop:

- **Physically** through speed, strength, balance, and flexibility training
- **Spiritually** through scripture, study, and devotional time
- **Mentally** through education about how things like nutrition and sleep habits affect your daily performance

The camp is led by former Augustana College football and track athlete, Ryan Ovenden. Ryan graduated in 2004 with degrees in Exercise Science and Fitness Management and has trained athletes for over 10 years.

Cost: \$265/person

Registration deadline May 30th
Limit 12 students per session

Registration and more information is available at SouthDakotaFCA.org.

Upcoming Events

March 13-15

HS Girls Basketball
State Tournament
Programs

March 20-22

HS Boys Basketball
State Tournament
Programs

March 28

Raising Champions
Community Event

March 29

Raising Champions
Coach's Clinic

April 16

Honor Athlete
Luncheon

May 1

Registration Deadline
for All Sport All
Summer Camp

May 19-August 8

All Sport All Summer
Camp

May 20

Annual Golf Classic

June-August

FCA Partner Camps

June 3-July 29

FCA Camp Steward

June 24-28

FCA Sports Camp
(Spearfish, SD)

Please visit our
website for more
information.

SouthDakotaFCA.org

EVENTS

ALL SPORT ALL SUMMER CAMP



May 19-August 8, 2014 | 7:45 am-5:15 pm | Monday-Friday

Sioux Falls: Linwood Wesleyan Church - 1101 East 57th Street

Brandon: United Methodist Church - 500 Pasque Flower Trail

All Sport All Summer Camp is a series of day camps for boys and girls staffed by FCA Huddle leaders. With nearly 50 kids attending each summer, leaders teach a variety of sports skills and fundamentals along with daily devotionals, sportsmanship and character building.

Each day, the morning is started with a Christ centered daily devotional and includes guest speakers. The lesson will lead into "FUNdamentals" which are skill sessions and games that enhance development in various sports. Our program also provides off site adventures including field trips and FCA sports clinics at the University of Sioux Falls Sports Complex.

2014 Camp Huddle Leaders



Josh Thomas

Elementary teacher and middle school coach in the Sioux Falls School district



Matt Young

Currently a sophomore and plays quarterback at the University of Sioux Falls



Alex Robey

Currently a senior and basketball player for the University of Sioux Falls



Morgan DeLange

USF Student with five years of coaching experience through tennis and gymnastics



Allie Koehn

Augustana basketball player who is also leading and growing the FCA ministry on campus

**Learn more about our
Camp Huddle Leaders
and register online at
SouthDakotaFCA.org**

STAFF UPDATES



Todd Enderson

Northeast South Dakota

Todd joined the FCA team in 2000. He has been the voice of the Watertown Arrows on KWAT since 1982. Todd works with the Watertown Huddle as well as area huddles.

For the past ten years, Todd has taken a charter bus filled with student athletes to FCA Camp in Decorah, Iowa and leadership camp in Minnesota. He also works with area groups to host state tournament breakfasts for participating players and coaches in Watertown and Aberdeen along with the City Wide Prayer Breakfast in Watertown.



Ted Standing Soldier

South Dakota Reservations

As the field representative for South Dakota Reservations, Ted has the challenge of bringing FCA into many schools on each reservation across the state. Currently, Ted leads youth huddle groups in Pine Ridge, Red Cloud, and Little Wound schools on Pine Ridge reservation.

Each summer, he also puts on camps at Pine Ridge, Rosebud and Ft. Thompson reservations. SDSU student athletes provide support as huddle leaders during the Pine Ridge camp. The kids have a great time and learn so much from each other!

Ted is also involved with club basketball teams where kids from a majority of the reservation schools are able to hear the gospel on weekends during basketball tournaments. Bringing the Gospel on to any reservation has many unique challenges but FCA is very blessed to have the sports platform to reach youth on the reservations.



Doug Adams

University of South Dakota Sports Chaplain

Doug has been involved with FCA since 1979 and joined as staff in 2013. Doug serves USD and Mt. Marty College along with middle and high schools throughout southeastern South Dakota. Although the ministry is young, God is working in a mighty way on these campuses. Coaches and student huddles take place weekly along with team chapels, one-on-one studies and many student activities, but most importantly coaches and athletes share the love of Christ with their peers. Each week, a group of students visit the local nursing home to play games with the residents. They look forward to this night all week!

Doug refers to **Romans 12:12** often, *“Rejoice in hope, be patient in tribulation, and be constant in prayer.”*

STAFF UPDATES



Nik with his wife Stacie and their children, Ansley & Ben

Nik Aamlid

Director of Development

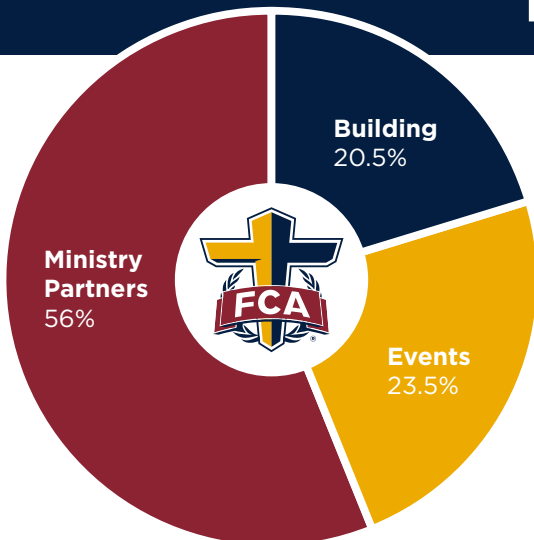
As I reflect on where God has brought me, it is amazing that the key junctures of my life have almost all involved FCA in one way or another. Whether it was attending or working camp, leading or going to huddles, FCA has had a tremendous impact on my life. In fact, my wife Stacie and I met through FCA during our time at South Dakota State. After graduating from SDSU in 2009, we moved to Nashville, TN where I completed my Masters degree in Sport Administration while Stacie worked as a Nurse.

Out of grad school, I received a job as the Assistant Athletic Director for Annual Giving at SDSU and served in that role for the past two years. Our daughter, Ansley, was born shortly after we moved back to Brookings. Ansley is now two years old and our son Ben is eight months old.

The last two years were very rewarding, but we are so excited for the call that God has placed on our lives and feel extremely blessed to have joined the South Dakota FCA family.

FCA has played a huge role in my personal walk with Jesus Christ and I have seen first-hand the impact that this ministry can have on athletes and coaches. My goal within the development ministry is to provide a vision for what God can do through generous private support and to provide an opportunity for individuals to join The Team through the giving of their financial resources. I am excited about the future of FCA and look forward to connecting and re-connecting with many of you in the common hope that we can make an eternal impact in the lives of the athletes and coaches in South Dakota.

FCA FUNDING



IS HE CALLING YOU?

If God is calling you to partner with FCA and invest in the lives of the coaches and athletes in South Dakota, please contact Nik Aamlid at **605-335-7555** or naamlid@fca.org to see what opportunities exist.

"A generous man will prosper; he who refreshes others will himself be refreshed." **Proverbs 11:25**