



Lesson 4- JOY

It was a sad day when a young boy who was king realized he had somehow overlooked and forgotten to follow God's "Game plan" for his life and for his people. In the book of Nehemiah it says:

"And young Josiah wept."

Can you imagine being a young boy and being King? Having all that power and all that responsibility. God tells us that to whom much is given, much is expected. Josiah knew he had been entrusted with a lot and he had failed.

Have you ever wept over your failures? On the field, or letting your parents down by disobeying?

It's humbling to pour out your heart over something that can't be undone.

Believe it or not, that's a great place to be. God meets us in that place. In our weakness. It is there he lifts us up and comforts the humble. When we realize that and believe it to be true, there is no greater JOY than to know God is pleased with our sorrow when we fail, and it all falls on His shoulders not ours.

We often fail in our attempts on the field and in life to carry out the "game plan" and the expectations put on us by ourselves , coaches and parents.

But, Joy comes from knowing that you are unconditionally loved by God. Know that JOY and see the Fruit.

MEMORY Verse:

Do not grieve, The Joy of the Lord is your strength.

Nehemiah 8:10